LANE END INDOOR ATHLETICS COMPETITION

On Monday, the squad excitedly set off for the maiden voyage in our brand new minibus. We arrived at Cockburn John Charles Academy and were amazed at how big it was.



Mr Francis delivered a motivating pep talk which got us ready for action.

First up was the obstacle relay. After a quick practice we were off!



Dia got us off to a great start! Here she is speed bouncing to the max.



And taking on the hurdles.



More fantastic running followed!




Evegue


Evegue
Evegue



The boys are off!



Sekou blasts over the hurdles!



Junaid's turn.



Junaid's turn.

Then Harry!





The girls took on the longer relays next. There was a 2 lap race and a 6 lap paarluff – 2 people doing 6 laps in any combination you like. Tiring! Here is Sonali digging deep.



Meanwhile, the boys were competing in their field events.

Speed bounce!



Laila Grace - Ready!



Laila Grace - Go!



Sienna – so fast its blurry!



Vanessa takes the baton.



Daani puts in an excellent jump for the team.



Yad was super speedy in the relay.



Bwar showing his superb reversaboard technique.



Here come the girls javelin team!





Ready for a whopping throw. Go Ruby-Jane!





Great javelin skills from Laila Grace and Vanessa.



In the last event Tanelle, Junaid and Zinedine did us proud too.









We had an amazing time!

Thank you to all the staff who helped get us there.