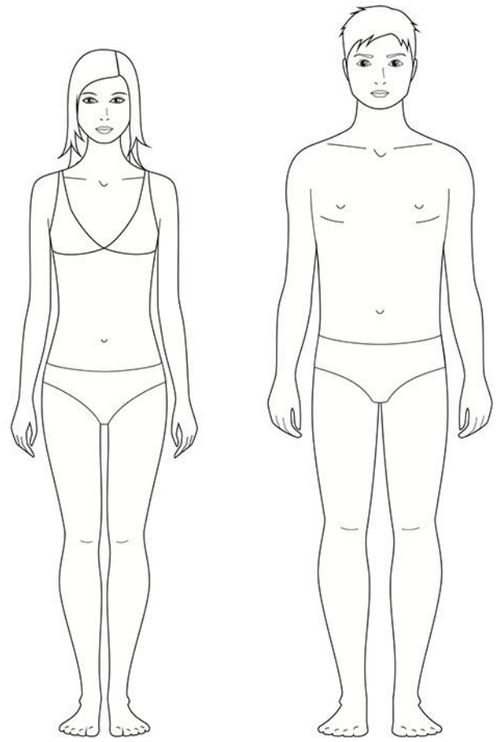
Year 3 - PSHE

Autumn 1	Spring 1	Summer 1
Drug, alcohol and tobacco education **Tobacco is a drug** 	**Mental health and emotional wellbeing** **Strengths and challenges** 	**Careers, financial capability and economic wellbeing** **Saving, spending and budgeting** 
Autumn 2	**Spring 2**	**Summer 2**
Keeping safe and managing risk **Bullying – see it, say it, stop it** 	**Identity, society and equality** **Celebrating difference** 	**Physical health and wellbeing** **What helps me choose?** 

Year 4 - PSHE

Autumn 1	Spring 1	Summer
Identity, society and equality **Democracy**  	**Physical health and wellbeing** **What's important to me?** 	**Sex and relationship education** **Growing up and changing** 
Autumn 2	**Spring 2**	
Drug, alcohol and tobacco education **Making choices** 	**Keeping safe and managing risk** **Playing safe** 	